

Washington State Institute for Public Policy Meta-Analytic Results

Cost sharing: (I) Copays for nonemergent emergency department visits, Medicaid adult population

Health Care: Health Care System Efficiency Literature review updated November 2015.

As part of WSIPP's research approach to identifying evidence-based programs and policies, WSIPP determines "what works" (and what does not work) to improve outcomes using an approach called meta-analysis. For detail on our methods, see our Technical Documentation. At this time, WSIPP has not yet calculated benefits and costs for this topic.

Program Description: Evaluations of health care policies and programs often measure two broad types of outcomes: (1) those that reflect the health status of people (e.g., disease incidence) and (2) those that reflect health care system costs and utilization. Cost and utilization measures may or may not be an indication of health status or well-being.

The effect reported below is for implementation of modest copays (in the range of \$3 to \$15) for emergency department visits that are judged not to be emergent (in these cases, a hospital determines, after an appropriate medical screening, that the individual does not need emergency medical services). These copays have been implemented by some state Medicaid programs.

Meta-Analysis of Program Effects							
Outcomes measured	No. of effect sizes	Treatment N	Adjusted effect size and standard error			Unadjusted effect size (random effects model)	
			ES	SE	Age	ES	p-value
Emergency department visits*	2	21074	0.031	0.064	40	0.031	0.630

^{*}The effect size for this outcome indicates percentage change, not a standardized mean difference effect size.

Meta-analysis is a statistical method to combine the results from separate studies on a program, policy, or topic in order to estimate its effect on an outcome. WSIPP systematically evaluates all credible evaluations we can locate on each topic. The outcomes measured are the types of program impacts that were measured in the research literature (for example, crime or educational attainment). Treatment N represents the total number of individuals or units in the treatment group across the included studies.

An effect size (ES) is a standard metric that summarizes the degree to which a program or policy affects a measured outcome. If the effect size is positive, the outcome increases. If the effect size is negative, the outcome decreases.

Adjusted effect sizes are used to calculate the benefits from our benefit cost model. WSIPP may adjust effect sizes based on methodological characteristics of the study. For example, we may adjust effect sizes when a study has a weak research design or when the program developer is involved in the research. The magnitude of these adjustments varies depending on the topic area.

WSIPP may also adjust the second ES measurement. Research shows the magnitude of some effect sizes decrease over time. For those effect sizes, we estimate outcome-based adjustments which we apply between the first time ES is estimated and the second time ES is estimated. We also report the unadjusted effect size to show the effect sizes before any adjustments have been made. More details about these adjustments can be found in our Technical Documentation.

Citations Used in the Meta-Analysis

Mortensen, K. (2010). Copayments did not reduce medicaid enrollees' nonemergency use of emergency departments. Health Affairs (project Hope), 29(9), 1643-50.

Siddiqui, M., Roberts, E.T., & Pollack, C.E. (2015). The effect of emergency department copayments for Medicaid beneficiaries following the Deficit Reduction Act of 2005. Jama Internal Medicine, 175(3), 393-8.

For further information, contact: (360) 664-9800, institute@wsipp.wa.gov

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Washington State Institute for Public Policy

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