

## Washington State Institute for Public Policy

Benefit-Cost Results

# Multicomponent environmental interventions to prevent youth tobacco use Public Health & Prevention: Population-level policies

Benefit-cost estimates updated December 2023. Literature review updated June 2016.

Current estimates replace old estimates. Numbers will change over time as a result of model inputs and monetization methods.

The WSIPP benefit-cost analysis examines, on an apples-to-apples basis, the monetary value of programs or policies to determine whether the benefits from the program exceed its costs. WSIPP's research approach to identifying evidence-based programs and policies has three main steps. First, we determine "what works" (and what does not work) to improve outcomes using a statistical technique called meta-analysis. Second, we calculate whether the benefits of a program exceed its costs. Third, we estimate the risk of investing in a program by testing the sensitivity of our results. For more detail on our methods, see our Technical Documentation.

Program Description: Multicomponent environmental interventions for reducing youth tobacco use target community policies and norms and outlets where youth purchase tobacco (e.g., retail tobacco shops, grocery or convenience stores). Interventions often start with community mobilization, media coverage of youth substance use and potential harm, and merchant education. Interventions were implemented across a range of rural and urban communities, for varying periods of time (approximately 2-3 years). In this analysis we only include interventions with a component targeting illegal retail tobacco sales to minors. We include four studies that isolate effects of community-level intervention. Two compare intervention sites to sites receiving no intervention, and two compare sites with a school-based program only to sites with both school-based and community-level intervention. Most interventions were implemented in the mid-1990's, paralleling implementation of state and federal tobacco control policies.

Benefit-Cost Summary Statistics Per Participant								
Benefits to:								
Taxpayers	\$355	Benefit to cost ratio	\$5.85					
Participants	\$637	Benefits minus costs	\$894					
Others	\$99	Chance the program will produce						
Indirect	(\$13)	benefits greater than the costs	84%					
Total benefits	\$1,079							
Net program cost	(\$185)							
Benefits minus cost	\$894							

The estimates shown are present value, life cycle benefits and costs. All dollars are expressed in the base year chosen for this analysis (2022). The chance the benefits exceed the costs are derived from a Monte Carlo risk analysis. The details on this, as well as the economic discount rates and other relevant parameters are described in our Technical Documentation.

Meta-Analysis of Program Effects											
Outcomes measured	Treatment No. of age					ors used in	the	size (random effects			
		sizes		First time ES is estimated		ated	Second time ES is estimated			model)	
				ES	SE	Age	ES	SE	Age	ES	p-value
Smoking before end of middle school	12	2	2882	-0.017	0.028	12	-0.017	0.028	13	-0.051	0.067
Smoking before end of high school	12	2	2261	-0.047	0.035	15	-0.047	0.035	18	-0.145	0.001
Tobacco sales to minors <sup>^</sup>	12	4	123	-0.324	0.153	12	n/a	n/a	n/a	-0.709	0.001

<sup>^</sup>WSIPP's benefit-cost model does not monetize this outcome.

Meta-analysis is a statistical method to combine the results from separate studies on a program, policy, or topic in order to estimate its effect on an outcome. WSIPP systematically evaluates all credible evaluations we can locate on each topic. The outcomes measured are the types of program impacts that were measured in the research literature (for example, crime or educational attainment). Treatment N represents the total number of individuals or units in the treatment group across the included studies.

An effect size (ES) is a standard metric that summarizes the degree to which a program or policy affects a measured outcome. If the effect size is positive, the outcome increases. If the effect size is negative, the outcome decreases.

Adjusted effect sizes are used to calculate the benefits from our benefit cost model. WSIPP may adjust effect sizes based on methodological characteristics of the study. For example, we may adjust effect sizes when a study has a weak research design or when the program developer is involved in the research. The magnitude of these adjustments varies depending on the topic area.

WSIPP may also adjust the second ES measurement. Research shows the magnitude of some effect sizes decrease over time. For those effect sizes, we estimate outcome-based adjustments which we apply between the first time ES is estimated and the second time ES is estimated. We also report the unadjusted effect size to show the effect sizes before any adjustments have been made. More details about these adjustments can be found in our Technical Documentation.

Detailed Monetary Benefit Estimates Per Participant								
Affected outcome:	Resulting benefits: <sup>1</sup>	Benefits accrue to:						
		Taxpayers	Participants	Others <sup>2</sup>	Indirect <sup>3</sup>	Total		
Smoking before end of high school	Labor market earnings associated with smoking	\$258	\$608	\$0	\$0	\$866		
Smoking before end of high school	Health care associated with smoking	\$96	\$27	\$99	\$48	\$271		
Smoking before end of high school	Mortality associated with smoking	\$1	\$2	\$0	\$31	\$34		
Program cost	Adjustment for deadweight cost of program	\$0	\$0	\$0	(\$92)	(\$92)		
Totals		\$355	\$637	\$99	(\$13)	\$1,079		

<sup>&</sup>lt;sup>1</sup>In addition to the outcomes measured in the meta-analysis table, WSIPP measures benefits and costs estimated from other outcomes associated with those reported in the evaluation literature. For example, empirical research demonstrates that high school graduation leads to reduced crime. These associated measures provide a more complete picture of the detailed costs and benefits of the program.

<sup>&</sup>lt;sup>2</sup>"Others" includes benefits to people other than taxpayers and participants. Depending on the program, it could include reductions in crime victimization, the economic benefits from a more educated workforce, and the benefits from employer-paid health insurance.

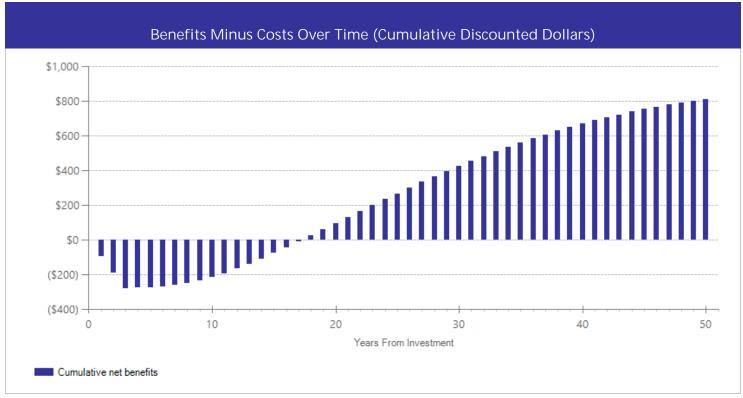
<sup>3&</sup>quot;Indirect benefits" includes estimates of the net changes in the value of a statistical life and net changes in the deadweight costs of taxation.

#### Detailed Annual Cost Estimates Per Participant

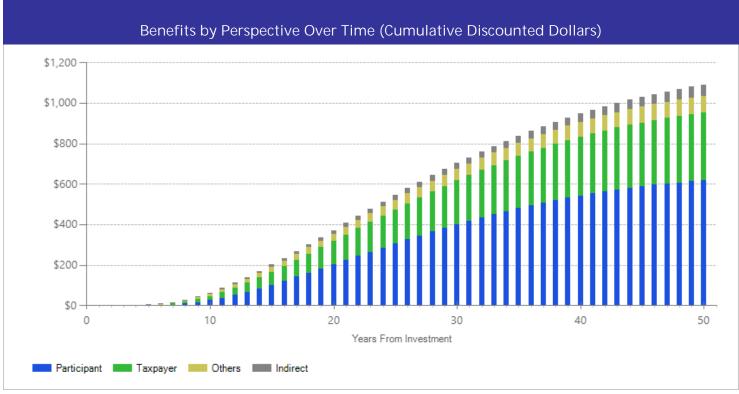
		Annual cost	Year dollars	Summary	
	Program costs	\$53	2015	Present value of net program costs (in 2022 dollars)	(\$185)
'	Comparison costs	\$0	2015	Cost range (+ or -)	30%

Estimated program costs are based on the SAMHSA NREPP cost report for the Communities Mobilizing for Change on Alcohol intervention. We include costs for a community organizer and their expenses, and also for intensive training through the Youth Leadership Institute (http://yli.org/communities-mobilizing-for-change-on-alcohol/), assuming that the effects found in research evaluations were produced by community organizers with high levels of training and support.

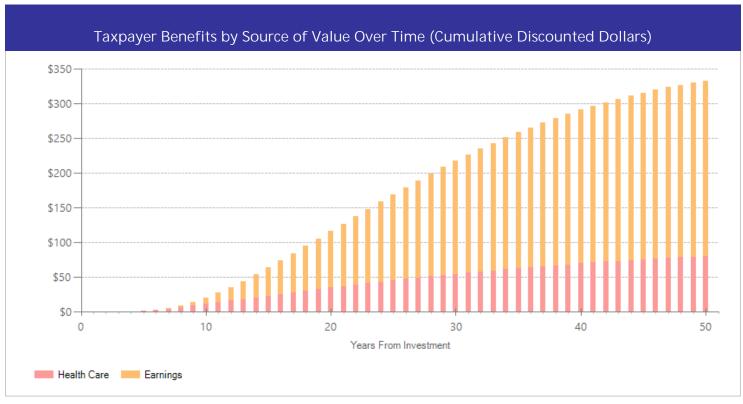
The figures shown are estimates of the costs to implement programs in Washington. The comparison group costs reflect either no treatment or treatment as usual, depending on how effect sizes were calculated in the meta-analysis. The cost range reported above reflects potential variation or uncertainty in the cost estimate; more detail can be found in our Technical Documentation.



The graph above illustrates the estimated cumulative net benefits per-participant for the first fifty years beyond the initial investment in the program. We present these cash flows in discounted dollars. If the dollars are negative (bars below \$0 line), the cumulative benefits do not outweigh the cost of the program up to that point in time. The program breaks even when the dollars reach \$0. At this point, the total benefits to participants, taxpayers, and others, are equal to the cost of the program. If the dollars are above \$0, the benefits of the program exceed the initial investment.



The graph above illustrates the breakdown of the estimated cumulative benefits (not including program costs) per-participant for the first fifty years beyond the initial investment in the program. These cash flows provide a breakdown of the classification of dollars over time into four perspectives: taxpayer, participant, others, and indirect. "Taxpayers" includes expected savings to government and expected increases in tax revenue. "Participants" includes expected increases in earnings and expenditures for items such as health care and college tuition. "Others" includes benefits to people other than taxpayers and participants. Depending on the program, it could include reductions in crime victimization, the economic benefits from a more educated workforce, and the benefits from employer-paid health insurance. "Indirect benefits" includes estimates of the changes in the value of a statistical life and changes in the deadweight costs of taxation. If a section of the bar is below the \$0 line, the program is creating a negative benefit, meaning a loss of value from that perspective.



The graph above focuses on the subset of estimated cumulative benefits that accrue to taxpayers. The cash flows are divided into the source of the value.

#### Citations Used in the Meta-Analysis

- Altman, D.G., Wheelis, A.Y., McFarlane, M., Lee, H.-R., & Fortmann, S.P. (1999). The relationship between tobacco access and use among adolescents: a four community study. *Social Science & Medicine*, 48(6), 759-775.
- Biglan, A., Henderson, J., Humphrey, D., Yasui, M., Whisman, R., Black, C., James, L. (1995). Mobilising positive reinforcement to reduce youth access to tobacco. *Tobacco Control, 4*(1), 42-48.
- Biglan, A., Ary, D., Koehn, V., Levings, D., Smith, S., Wright, Z., James, L., & Henderson, J. (1996). Mobilizing positive reinforcement in communities to reduce youth access to tobacco. *American Journal of Community Psychology*, 24(5), 625-638.
- Biglan, A., Arvy, D.V., Smolkowski, K., Duncan, T., & Black, C. (2000). A randomized controlled trial of a community intervention to prevent adolescent tobacco use. *Tobacco Control*, *9*, 24-32.
- Chen, V., & Forster, J.L. (2006). The long-term effect of local policies to restrict retail sale of tobacco to youth. Nicotine & Tobacco Research, 8(3), 371-377.
- Perry, C.L., Komro, K.A., Veblen-Mortenson, S., Bosma, L.M., Farbakhsh, K., Munson, K.A., et al. (2003). A randomized controlled trial of the middle and junior high school D.A.R.E. and D.A.R.E. Plus programs. *Archives of Pediatrics & Adolescent Medicine*, 157(2), 178-184.

For further information, contact: (360) 664-9800, institute@wsipp.wa.gov

Printed on 03-28-2024



### Washington State Institute for Public Policy

The Washington State Legislature created the Washington State Institute for Public Policy in 1983. A Board of Directors-representing the legislature, the governor, and public universities-governs WSIPP and guides the development of all activities. WSIPP's mission is to carry out practical research, at legislative direction, on issues of importance to Washington State.